

# NEWSLETTER

Summer 2017



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## THANKS BIO -D!

A huge thank you to Bio-D for supplying CASE with Eco Friendly Cleaning Products.

All Bio-D products are approved by Cruelty Free International and the Vegan Society.

Their unfragranced laundry products are Allergy UK certified and all of their packaging is made from recycled materials and is recyclable.

Here is Emma with some of the Bio-D Bathroom Cleaner! To find out more about Bio-D visit their website; [biodegradable.biz](http://biodegradable.biz)





## OUR ALLOTMENT AWARDS JUST KEEP GROWING!

On Wednesday 26 July, Grow with CASE opened its doors to the general public to see what goes on behind the scenes.

Grow displayed the wide variety of vegetables, soft fruit and flowers they grow on their Clough Road plots at the first summer open day in 2 years, with over 100 people attending the event.

Steve Rusling, Marketing Manager at CASE said; "the allotments are always a hive of activity and competition is often fierce among some who want to grow the biggest and best vegetables.

Others just like to escape to the peace of the allotments, cultivating their crops and then sample their deliciously fresh produce."

Members of the allotment team were on hand to answer questions and to show off their plots. Later that day the open day was featured on local TV station Estuary TV.

Days later the Clough Road and Oak Road allotments awards took place and CASE was lucky enough to win Best Worked Plot and Heaviest Cabbage... well done to all involved.

Find out in the Autumn newsletter how the team fare at the Yorkshire in Bloom awards which are to be held on 12th September.





## CASE POP UP RESTAURANT

**Privileged guests were treated to five-star service and delicious gourmet food as trainees cooked up a storm as part of our pop-up restaurant initiative.**

Eighteen trainees aged between 17 and 40 worked front of house and in the kitchens to provide and serve a five-course meal across two nights on the 7th and 8th June.

This was the third year that the pop-up restaurant has been organised and according to Steve Rusling, the marketing manager for CASE, this was their most successful venture yet.

“It was definitely the best one we’ve ever had,” he said. “We had a full house on both nights with some great entertainment and fantastic food.

“Everyone went away extremely happy and looking forward to next year’s event.”

The trainees, who all have an avid interest in catering, put together the meals with the help of Michelin recommended chef Colin McGurran, Colin has already agreed to support the scheme again next year.

Mr Rusling said; “The trainees absolutely loved it and I can’t describe how much they enjoyed themselves. Even though it’s a fundraiser, the main goal is to make sure our trainees get experience, training and enjoyment out of it and they got all three of those things. It fills me with pride and it means that what we are doing is exactly right and the people we are supporting

really enjoy it.

They coped extremely well with whatever challenges they faced on the evening and from what I saw everything was done perfectly.”

The menu for this year’s event was:

- Canapes*
- Lincolnshire sausage roll with fruity brown sauce*
- Lincolnshire Poacher tartlet*
- Beetroot meringue with foie gras parfait*
- Bread*
- Tomato gazpacho with wholegrain mustard ice-cream*
- New season asparagus, smoked duck breast, Lincolnshire Poacher mousseline and gribiche dressing*
- Herdwick lamb loin & belly, celeriac, pomme puree and lamb jus*
- Vanilla panacotta, mango & passionfruit gel, Italian meringues*
- Chocolate delice, mint lovage ice-cream and praline cream mousse*

Visit our website and sign up to our newsletter to find out when our next pop up restaurant will be in 2018.





## OUR TRAINEES HELP RAISE MONEY TO SUPPORT CASE

Trainees recently held a sponsored walk around Hull's East Park with our trainees walking in 600m circuits.

CASE marketing manager Steve Rusling said the walk had been a big success with the cash raised going towards the charity's forthcoming events.

He said; "We had a brilliant day, the weather was perfect and our trainees really enjoyed taking part in the walk - and many walked far more than we ever expected.

"The money will go toward our trainees' visit to Yorkshire Wildlife Park in September as well as buying a barbecue so we can hold more events throughout the summer.

"Three of our trainees walked the circuit seven times, that's 4.2km, which was a sterling effort."

More than 40 CASE trainees took part in the 600km walk, which is the equivalent of 372.8 miles. So far they have raised more than £1000, with more cash still to come in.

The event was made possible by a grant from KCOM's Community Grant Scheme which enabled the charity to buy kit, hi-vis vests, water bottles and cones.

Brendon Smurthwaite, KCOM's community coordinator, said: "We're delighted to be able to support CASE Training which provides such valuable support to people with learning difficulties in Hull.

"The success of CASE's sponsored walk show they are putting their best foot forward in making Hull and East Yorkshire an even better place to be."

# TWO YEARS AS DISABILITY CONFIDENT EMPLOYER



CASE has recently been awarded a Disability Confident Employer for a second year.

We're one of thousands of Disability Confident businesses and charities who are ensuring that disabled people have the opportunities to fulfil their potential and realise their aspirations.

As a disability confident employer we:

- Had to undertake and successfully complete the Disability Confident self-assessment
- Are taking all of the core actions to be a Disability Confident employer
- Are offering at least one activity to get the right people for our business and at least
- One activity to keep and develop our people.

Steve Rusling Marketing Manager at CASE said;

“Being Disability Confident means we're benefiting from diverse skills and making a difference to the disability employment gap. Over half of workplaces are missing out on disabled talent. Disability Confident works with employers like us to make sure we benefit from those skills.”

Through Disability Confident, the government is working with employers to:

- challenge attitudes towards disability
- increase understanding of disability
- remove barriers
- ensure that disabled people have the opportunities to fulfil their potential and realise their aspirations

Find out more about Disability Confident at:

[www.gov.uk/dwp/disabilityconfident](http://www.gov.uk/dwp/disabilityconfident)

#DisabilityConfident

## UPCOMING DATES FOR YOUR DIARY 2017:

Friday 25 August

70s Disco and BBQ

Tuesday 26 September

Founders' Day

Saturday 14 October

The Three Degrees

Friday 27 October

Trainee Halloween Disco 1.15pm – 3.30pm

Wednesday 23 November

Autumn Open Day – 10am – 2pm

Tuesday 28 November

#GivingTuesday

Founded in 1985 by parents and carers of people with a learning disability, CASE is a local charity working with local people and their families towards creating better life opportunities.

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