



# case

**Start your journey today...**

“  
It is a privilege to welcome you  
to an extraordinary learning  
community where everyone is  
actively engaged and  
achieving excellent things,  
every day.  
**MARK COOKE**

## Dear parents and carers,

Firstly, thank you for picking up this brochure. It means an incredible amount that you are considering CASE Training. Additionally – thank you for allowing me to talk about CASE and all the wonderful things that happen here.

### **Inspirational, Joyous, Always Achieving**

A big part of my role is to visit the training rooms to speak directly with trainees. Trainees are very open and honest, and I enjoy chatting to find out exactly what they like about CASE and how we can improve what we do, offer, and plan. So, for me to be able to relay these thoughts to you – it's very special!

### **The CASE family**

Many trainees tell us how they love attending CASE to meet with their friends; it has been described as the “CASE family”. A huge part of CASE is the social aspect, including our much-loved sports events where we get a great sense of teamwork and independence. There are bags of opportunities to learn new skills here, and we know this because we watch each of our trainees grow and blossom.

### **Life at CASE is whatever you want it to be**

Life at CASE is a beautiful balance of work, rest, and play – exactly as life should be!

It's also full of adventure, fun, and learning new skills; our trainees will even have the freedom to choose their timetable based on the subjects they enjoy while getting a high level of support and encouragement.

### **The CASE values**

On a parting note, I would like to share some of our CASE family values with you.

- We consistently strive for our Trainees to be happy, and comfortable – both physically and mentally – in all that they do.
- We teach our Trainees all about diversity, equality, and cultural differences – and to love and respect others regardless of their similarities or differences.





“ I love coming to Case. I love Glen's cooking group. I love to see my friends Chris, Olivia, Linda, Alex and Shannon. I like to go on trips, especially to Flamingo land, and I am generous. I have been coming here for 6 years



JESSICA

“ I've been here almost 8 years. I come on Mondays, Tuesdays, Thursdays and Fridays. I go into cooking with Glen, IT with Angie, Art with Nigel and English with Allison. Next year I want to try other lessons. I've got lots of friends here and I like the staff, thank you.



ALEX

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MELISSA

“ I like looking at artists work, it makes me feel good and creates pictures in my mind.



SARAH

“ Case is my favourite place to be. It always makes me happy and safe. My favourite part of Case is football and Tuesdays art, cooking group and Monday walking group.



GEORGE

“ CASE gets me out of the house and into the fresh air. I enjoy having lots of different things to do..



ADAM

“ Case is where you meet new people and staff. I like to learn new skills. Its very fun and enjoyable, you can have a laugh. I come to Case on Tuesday to do sport. I like to do sports with Josh and I like to learn new skills with Josh. I do cooking with Glen on Wednesday and really enjoy it. I love English on Fridays with Allison too.



KATIE

“ I like to come to Case because I like my friends and staff. I like doing Maths and English and lunchtime and sometimes to do some work



AMY

# QUICK FUN FACTS

## WHY WE ARE UNIQUE



**CASE WAS  
ESTABLISHED 1985**

**OVER 100 TRAINEES ARE  
CURRENTLY SUPPORTED**



**11 AWARDS WON FOR  
GROW ALLOTMENTS**

**MANY SOCIAL EVENTS  
HELD THROUGHOUT THE  
YEAR**



**WE HAVE A WIDE  
VARIETY OF  
ACTIVITIES**

**20 MEMBERS OF STAFF  
PLUS DEDICATED  
VOLUNTEERS**





# CASE VALUES

Both our trainers and trainees take pride in our CASE Values – they helped to shape them, and now they live and breathe them! We believe that having a set of shared values is pivotal to creating a happy, safe, and empowering environment for our friends. Whilst we fully support and encourage independent thinking and acting – from time to time, we do question whether we are doing the right thing. Our CASE values are helpful prompts for friends who find themselves needing a little confidence support.



## WELLBEING

We believe every aspect of your life influences your state of wellbeing. From regular exercise, a balanced diet, a network of close friends, through to a sense of belonging, a safe physical environment and above all a sense of purpose and meaning.

## RESPECT

We treat people with thoughtfulness, dignity, and with open minds.



## DIVERSITY

We celebrate the diversity of our trainees and seek to create an environment where all people are valued and included.



## EQUALITY

We promote equality, regardless of race, religion, age, gender and sexuality.

# CATERING

Catering is at the heart of CASE. Guided by our staff, our trainees learn to prepare and cook food in a professional kitchen environment, before serving their delicious creations to other trainees and staff throughout the day.

Communication is key in any work environment, and catering allows our students to develop their communication skills and their ability to work together in a busy environment.

Catering is a cohesive, interactive team that highlights to our trainees their importance in the group. The trainees also learn about customer service, transaction skills and food hygiene, which are key in the hospitality industry.

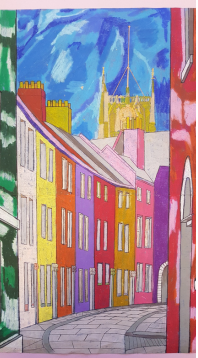


# CREATIVE ARTS

From self-portraits using oil pastels to painting the fine lines of a Yorkshire landscape – you'll do it all in our Arts and Creativity Sessions!

They are ideal for those looking at art classes for adults with learning disabilities – especially those with a passion for painting, sculpting, design work, and much more.

You don't need to bring anything with you to these sessions... just your best, unique, arty self! You'll be encouraged to weave your interests and hobbies into your pieces, and you'll be supported by our trainer.



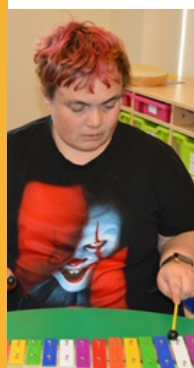


# DISCOVERY ROOM

Our dedicated trainers encourage trainees to shimmy n' shake to music, embark on a relaxing glass painting session, or test creative boundaries with a fun, freeing, theatre-themed session. That's just the beginning of the fun activities we do here!

The Discovery Room is a wonderful space for trainees to experiment and find holistic ways of expressing themselves – and in a way that makes them feel comfortable, stimulated, and happy.

The aim of The Discovery Department is to enable trainees to gain insight into themselves by making and realising individual SMART goals.



## GROW

As an extension of our learning disability centre, we run four award-winning allotment plots which provide easy and engaging sessions in gardening for adults with learning disabilities.

We're proud to say our trainees thoroughly enjoy helping build, nurture, and GROW our four allotments.

We grow flowers, fruit, and vegetables plus maintain a wildflower area where we keep a few beehives. This provides an excellent natural environment for our trainees to learn about gardening, GROWing produce, taking care of local wildlife, and enjoying the great outdoors.



# FUNCTIONAL SKILLS

We adopt flexible and meaningful delivery methods for each individual we support, ensuring their needs are met. Effective communication tools are used, including Makaton, and other easy-read resources.

We deliver Literacy and Numeracy as standalone life skill sessions and also embed these skills within lessons that are creative, fun and engaging to deliver a person-centred approach.

Trainees are able to progress and develop at their own pace, and we ensure they receive a fully-rounded learning experience appropriate to their level or ability.



## EHCP

Our trainees have the option to undertake accredited qualifications. The courses are designed to develop life skills and personal social development, build confidence and aid independence.

Courses are fun, and interactive incorporating innovative technology to aid the learning experience. They are structured to meet the needs of each trainee.

All trainers are encouraged to be innovative and progressive in their delivery, incorporating a wide variety of approaches to communicate effectively. They have excellent differentiation techniques and allow individuals to build confidence, work at their own pace and ensure their additional needs do not become a barrier to learning.





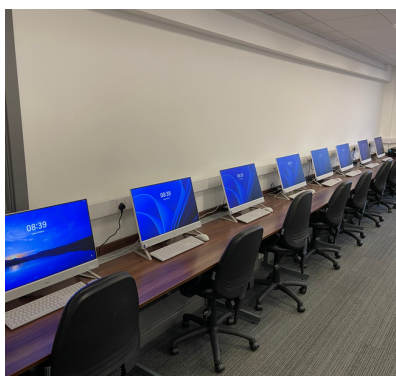
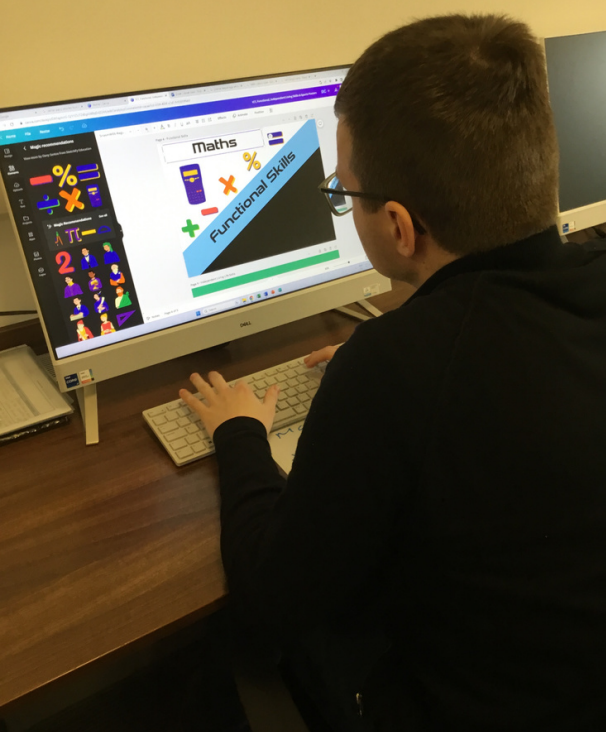
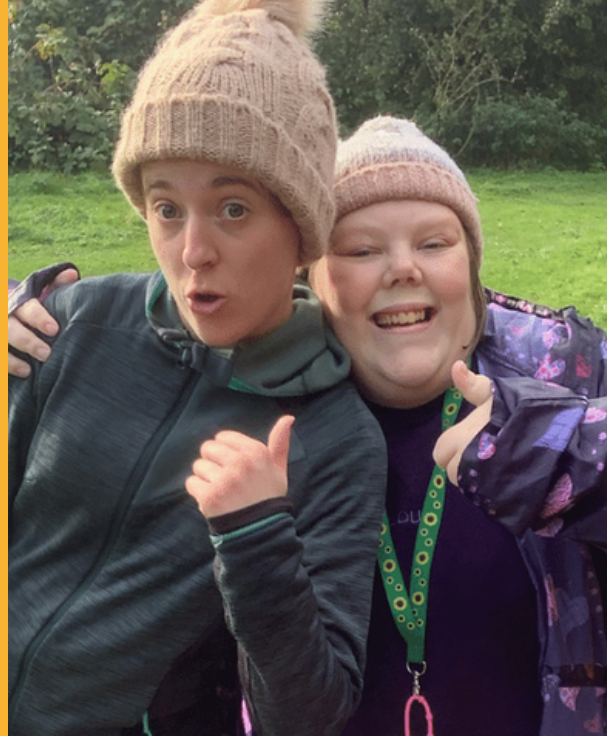
# HEALTH & WELLBEING

Social interaction and surrounding yourself with hobbies are two things that help adults with learning disabilities to thrive.

At CASE Training Services, we vary our Health & Wellbeing activities greatly to suit the diverse needs of our trainees.

With a range of classes from creative arts to active groups such as football, walking, and yoga – our trainees are encouraged to spend time doing what they love most.

Our Health & Wellbeing trainer runs sessions at our Case Training centre as well as at the local rugby ground, parks, and other local outdoor venues.



## ICT

At CASE, we help trainees learn computer basics, such as keyboard, printing, saving and filing in their user area on the network.

Trainees are taught about the dangers of social media and privacy settings, phishing emails and understanding that people are sometimes not who they say they are online. Journals are completed during ICT sessions, which are then printed and bound at the end of the year as a record.

All IT activities throughout the year are tailored to key events, with an emphasis on functional ICT.

# INDEPENDENT LIVING

Our trainees independence is a high priority at Case.

Recreating real-life situations is also important, to give trainees first-hand experience. This is why we also take them out on shopping trips, to make their learning functional and realistic.

We focus on the ability to cook in fun and friendly classes; trainees choose what they want to make, and we guide them through the cleaning of kitchen work areas, preparation of ingredients and how to create the dish. We focus on food that can be made easily at home with cupboard items that are readily accessible.



# WELFARE DEPARTMENT

**Every service user at CASE will have a dedicated welfare officer who will offer many aspects of additional support.**

The welfare department provides support for behavioural and emotional needs, liaising with, and referring to, external agencies, health, safeguarding, benefits, housing and more. Each service user will have an individual support plan completed in collaboration with their welfare officer, trainers and information from relevant agencies.



The welfare team completes regular reviews for each service user and is available during the working day to discuss any issues, concerns or worries that may arise.

The welfare department also offers support to families and carers of service users and aim to have effective and clear communication with carers in order to best support the service user during their time at CASE.

Each welfare officer is trained in first aid, epilepsy awareness, the mental capacity act and safeguarding awareness and undertakes regular training to improve and advance their knowledge and experience.







# LET'S GET SOCIAL...

At CASE, we love to share what our trainees are up to. Follow us on Facebook, Instagram, Twitter and YouTube to see what we've been doing...



# case



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