



case

Start your journey today...

“

It is a privilege to welcome you to an extraordinary learning community where everyone is actively engaged and achieving excellent things, every day.

MARK COOKE

Dear parents and carers,

Firstly, thank you for picking up this brochure. It means an incredible amount that you are considering CASE Training. Additionally – thank you for allowing me to talk about CASE and all the wonderful things that happen here.

Inspirational, Joyous, Always Achieving

A big part of my role is to visit the training rooms to speak directly with trainees. Trainees are very open and honest, and I enjoy chatting to find out exactly what they like about CASE and how we can improve what we do, offer, and plan. So, for me to be able to relay these thoughts to you – it's very special!

The CASE family

Many trainees tell us how they love attending CASE to meet with their friends; it has been described as the “CASE family”. A huge part of CASE is the social aspect, including our much-loved sports events where we get a great sense of teamwork and independence. There are bags of opportunities to learn new skills here, and we know this because we watch each of our trainees grow and blossom.

Life at CASE is whatever you want it to be

Life at CASE is a beautiful balance of work, rest, and play – exactly as life should be! It's also full of adventure, fun, and learning new skills; our trainees will even have the freedom to choose their timetable based on the subjects they enjoy while getting a high level of support and encouragement.

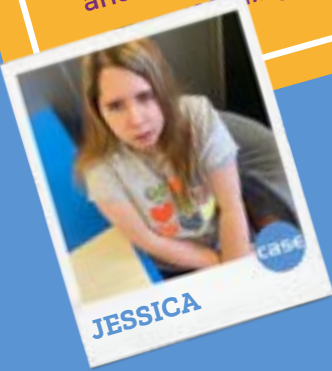
The CASE values

On a parting note, I would like to share some of our CASE family values with you.

- We consistently strive for our trainees to be happy, and comfortable – both physically and mentally – in all that they do.
- We teach our trainees all about diversity, equality, and cultural differences – and to love and respect others regardless of their similarities or differences.



“ I love coming to CASE. I love Glen's cooking group. I love to see my friends Chris, Olivia, Linda, Alex and Shannon. I like to go on trips, especially to Flamingo land, and I am generous. I have been living here for 6 years



JESSICA

“ I come on Mondays, Tuesdays, Thursdays and Fridays. I go into cooking with Glen. IT with Angie, Art with Nigel and English with Allison. Next year I want to try other lessons. I've got lots of friends here and I like the staff, thank you.



ALEX

“ I like to work in the kitchen to help others and make people feel very welcome. I also make delicious lasagne!



MELISSA

“ I like looking at artist's work, it makes me feel good and creates pictures in my mind.



SARAH

“ CASE is my favourite place to be. It always makes me happy and safe. My favourite part of Case is football and Tuesdays art, cooking group and Monday walking group.



GEORGE

“ CASE gets me out of the house and into the fresh air. I enjoy having lots of different things to do.



ADAM

“ I like coming to CASE because I get to make new friends. I love to cook at CASE and have joined the Drama group I love to dance.



DOMINIC

“ I like to come to CASE because I like my friends and staff. I like doing Maths and English and lunchtime and sometimes to do some work.



AMY

QUICK FUN FACTS

WHY WE ARE UNIQUE



**CASE WAS
ESTABLISHED 1985**

**OVER 100 TRAINEES ARE
CURRENTLY SUPPORTED**



**11 AWARDS WON FOR
GROW ALLOTMENTS**

**MANY SOCIAL EVENTS
HELD THROUGHOUT THE
YEAR**



**WE HAVE A WIDE
VARIETY OF
ACTIVITIES**

**20 MEMBERS OF STAFF
PLUS DEDICATED
VOLUNTEERS**



CASE VALUES

Both our trainers and trainees take pride in our CASE Values – they helped to shape them, and now they live and breathe them! We believe that having a set of shared values is pivotal to creating a happy, safe, and empowering environment for our trainees. We frequently reevaluate our provision to ensure we meet the needs of all our trainees. Our CASE values are helpful prompts for trainees who find themselves needing a little confidence support.



WELLBEING

We believe every aspect of your life influences your state of wellbeing. From regular exercise, a balanced diet, a network of close friends, through to a sense of belonging, a safe physical environment and above all a sense of purpose and meaning.

RESPECT

We treat people with thoughtfulness, dignity, and with open minds.



DIVERSITY

We celebrate the diversity of our trainees and seek to create an environment where all people are valued and included.



EQUALITY

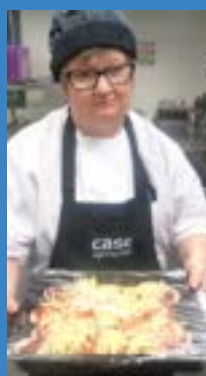
We promote equality, regardless of race, religion, age, gender and sexuality.

CATERING

Catering is at the heart of CASE. Guided by our staff, our trainees learn to prepare and cook food in a professional kitchen environment, before serving their delicious creations to other trainees and staff throughout the day.

Communication is key in any work environment, and catering allows our students to develop their communication skills and their ability to work together in a busy environment.

Catering is a cohesive, interactive team that highlights to our trainees their importance in the group. The trainees also learn about customer service, transaction skills and food hygiene, which are key in the hospitality industry.



CREATIVE ARTS

From self-portraits using oil pastels to painting the fine lines of a Yorkshire landscape - you'll do it all in our Arts and Creativity sessions!

This department is ideal for those looking at art classes for adults with learning disabilities - especially those with a passion for painting, sculpting, design work, and much more.

You don't need to bring anything with you to these sessions... just your best, unique, arty self! You'll be encouraged to weave your interests and hobbies into your pieces and you'll be supported by our trainer.



DISCOVERY ROOM

Our dedicated trainers encourage trainees to shimmy n' shake to music, embark on a relaxing glass painting session, or test creative boundaries with a fun, freeing, theatre-themed session. That's just the beginning of the fun activities we do here!

The Discovery Room is a wonderful space for trainees to experiment and find holistic ways of expressing themselves – and in a way that makes them feel comfortable, stimulated and happy.

The aim of the Discovery department is to enable trainees to gain insight into themselves by making and realising individual SMART goals.



GROW

As an extension of our learning disability centre, we run four award-winning allotment plots which provide easy and engaging sessions in gardening for adults with learning disabilities.

We're proud to say our trainees thoroughly enjoy helping build, nurture and GROW our four allotments.

We grow flowers, fruit, and vegetables plus maintain a wildflower area where we keep a few beehives. This provides an excellent natural environment for our trainees to learn about gardening, growing produce, taking care of local wildlife and enjoying the great outdoors.

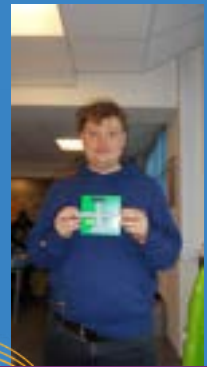


FUNCTIONAL SKILLS

We adopt flexible and meaningful delivery methods for each individual we support, ensuring their needs are met. Effective communication tools are used, including Makaton and easy-read resources.

We deliver literacy and numeracy as standalone life skill sessions and also embed these skills within lessons that are creative, fun and engaging to deliver a person-centred approach.

Trainees are able to progress and develop at their own pace and we ensure they receive a fully-rounded learning experience appropriate to their level or ability.



EHCP

Our trainees have the option to undertake accredited qualifications. The courses are designed to develop life skills and personal social development, build confidence and aid independence.

Courses are fun and interactive, incorporating innovative technology to aid the learning experience. They are structured to meet the needs of each trainee.

All trainers are encouraged to be innovative and progressive in their delivery, incorporating a wide variety of approaches to communicate effectively. They have excellent differentiation techniques and allow individuals to build confidence, work at their own pace and ensure their additional needs do not become a barrier to learning.



HEALTH & WELLBEING

Social interaction and surrounding yourself with hobbies are two things that help adults with learning disabilities to thrive.

At CASE Training Services, we vary our Health & Wellbeing activities greatly to suit the diverse needs of our trainees.

With a range of classes from creative arts to active groups such as football, walking, and yoga – our trainees are encouraged to spend time doing what they love most.

Our Health & Wellbeing trainer runs sessions at our CASE Training centre as well as at the local rugby ground, parks and other local outdoor venues.



ICT

The ICT department helps trainees learn to master the many different menus within MS Office. Skills taught range from basic to advanced use. Here at CASE, we are lucky to have full Canva Pro licences for all trainees to use. All trainees have their own directory to save their project work.

Our ICT lessons are all tailored around the ICT Skills Passport. Every trainee that attends the department has a passport and, when new skills are mastered, they are ticked off. The passport has seven different pages and each page leads to a certificate. Certificates are awarded at Easter, Summer and Christmas each year.

A typical day in ICT would be updating a journal, a little typing practice using TTRS, designing a project using Canva, completing typing tasks that tick off skills in the passport and working on personal projects.



INDEPENDENT LIVING

Our trainees independence is a high priority at CASE.

Recreating real-life situations is also important, to give trainees first-hand experience. This is why we also take them out on shopping trips, to make their learning functional and realistic.

We focus on the ability to cook in fun and friendly classes; trainees choose what they want to make and we guide them through the cleaning of kitchen work areas, preparation of ingredients and how to create the dish. We focus on food that can be made easily at home with cupboard items that are readily accessible.



WELFARE DEPARTMENT

Every service user at CASE will have a dedicated welfare officer who will offer many aspects of additional support.

The welfare department provides support for behavioural and emotional needs, liaising with, and referring to, external agencies, health, safeguarding, benefits, housing and more. Each service user will have an individual support plan completed in collaboration with their welfare officer, trainers and information from relevant agencies.



The welfare team completes regular reviews for each service user and is available during the working day to discuss any issues, concerns or worries that may arise.

The welfare department also offers support to families and carers of service users and aim to have effective and clear communication with carers in order to best support the service user during their time at CASE.

Each welfare officer is trained in first aid, epilepsy awareness, the Mental Capacity Act 2005 and safeguarding awareness. They undertake regular training to improve and advance their knowledge and experience.

COMMUNITY ROOM

We are thrilled to announce our newest department, the Community Room. Building upon the success of our Independent Living Suite, we are committed to offering a comprehensive range of services designed to improve independence skills and promote a healthier, happier life.

Independent Living Skills:

You will find resources and support to help you learn essential life skills like budgeting, organising your time and managing your home.

Healthy Eating Options:

Discover delicious and nutritious meal options, learn about balanced diets, and become involved in meal planning sessions. We believe that a healthy lifestyle is very important for your overall wellbeing.

Community Connection:

The Community Room is a place to meet with friends, socialise and get to know new people. You can play games or chat over a cup of tea, share experiences and learn from one another in a safe and supportive environment.

Why Choose the Community Room?

Join us in the Community Room to learn new skills, make friends, improve your health and reach your potential.



DRAMA

In the Discovery department we step into the spotlight of self-expression, creativity, music and communication. Trainees can shine in the limelight or work on individual projects and share a sense of pride as they learn to work as a team or independently whilst openly expressing themselves.

Drama is a valuable, fun and educational environment in which we can express our personality through the performing arts. We can explore a variety of experiences and activities which in turn help us to support each other in developing a wide range of social skills. These include communication, collaboration, empathy and confidence when speaking in front of others.

The Discovery department provides a wonderful place where we can be who we want to be for that moment in time. Come and join us and sing along to your favourite songs learn dances and be part of a dynamic fun packed team!



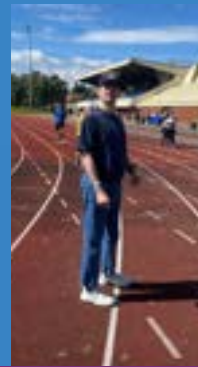
SPORTS DAY

CASE Sports Day, was a highlight event of the year that brought together our trainees, staff, friends, and family for a day of sportsmanship and camaraderie at Costello Stadium!

The atmosphere was electric as participants engaged in a variety of thrilling activities, from classic races like the running race and sack race to engaging challenges such as bean bag balancing and the exhilarating water relay.

There was even some friendly competition between CASE staff members and the CHCP team, adding an extra layer of excitement and teamwork to the event.

Amidst the cheers and laughter, participants demonstrated exceptional sportsmanship and teamwork, uplifting each other and celebrating every achievement.



GROW OPEN DAY

Each year we celebrate the culmination of a year's worth of hard work by our trainees and staff on our award-winning allotment plots with our GROW open day.

Experience the beauty of nature in full bloom as you explore our vibrant gardens. From colourful flowers to buzzing bees and thriving vegetables, our GROW Open Day is a testament to the dedication and passion of everyone involved.

Come and see for yourself the fruits of our labour and learn more about our mission to provide engaging opportunities for adults. Connect with our community, discover the joy of gardening, and be inspired by the success stories of our trainees and staff.









LET'S GET SOCIAL...

At CASE, we love to share what our trainees are up to. Follow us on Facebook, Instagram, Twitter and YouTube to see what we've been doing...



case



info@case4life.org



01482 320200



casetraininghull.co.uk



CASE Training, 60 Charles Street, Hull, HU2
8DQ registered charity no. 1051587

